#KindnessBeatsTheVirus

Hashtag Challenge - Daily Prompts - Week 3

Interpret the prompt as creatively as you can, in whatever medium you prefer (drawings, paint, photography, music, videos, poetry, whatever). Then share it on social media and tag #KindnessBeatsTheVirus and @NYCThrive

1. **Music Monday**
   Write a short poem using only song titles.

2. **Tell Them Tuesday**
   Draw a black and white illustration of someone showing kindness within the rules of social distancing. Then tell someone else to color it in. Share both versions.

3. **Wake Up Wednesday**
   Photograph an act of kindness in your home or neighborhood.

4. **Throwback Thursday**
   Create a portrait of somebody in your life that you consider a hero. Include symbols and objects that describe who they are and what they do.

5. **Funny Friday**
   Create an audio or video recording of you reading a funny story for a child.

6. **Somebody Saturday**
   Show your appreciation for someone by drawing or designing a medal for their outstanding effort and send it to them. On Social media, tag all those whom you are awarding.

7. **Selfie Sunday**
   Introduce who you really are with an unfiltered selfie in your natural habitat.